



THE LODGE AT NORTH OGDEN

 A WATERMARK RETIREMENT COMMUNITY

**INDEPENDENT LIVING
ASSISTED LIVING • MEMORY CARE**

REDEFINING SENIOR LIVING

More than 30 years of experience have taught us that today's seniors want more choices and are leading a more active lifestyle than generations before. That's why we created a community filled with options, from affordable studio apartments to spacious two-bedroom suites, great cuisine and fun events plus Watermark University mind and body fitness classes. It's all part of our culture of choice.

IT'S NOT WHAT YOU'D EXPECT, AND THAT'S THE WHOLE POINT.



Tastefully appointed restaurant

Large outdoor dining room
and deck

Private dining room
for entertaining

Full-service beauty salon
and barber shop

Laundry rooms

Gift and sundry shop

Well-stocked library

Billiards room

Resident emergency
response system

Spacious, beautifully
landscaped grounds

Pet-friendly environment

AN OPTION FOR EVERY APPETITE



We believe that dining should be a delicious experience every day! That's why The Lodge at North Ogden offers a variety of upscale selections to comfort food favorites that are prepared daily by our culinary team who use only the freshest ingredients. Plus, with Thrive Dining™, individuals with cognitive or neuromuscular challenges can enjoy their favorite foods without assistance, utensils or distractions.

Our elegant in-house restaurant and dining program provides you with private dining rooms to entertain your family and guests any night of the week, or choose to enjoy your meal in our large outdoor dining room and deck. Of course if you love to cook, why not have a few friendly neighbors over to share your favorite dish? At The Lodge at North Ogden, the choice is yours.



Elegant dining room

Beautiful patio with stunning views

Private dining room for entertaining

Restaurant style breakfast, lunch and dinner

Heart healthy selections

Catering services

Room service

MIND AND BODY WELLNESS

Stimulating the mind and strengthening the body has enormous benefits at any age. That's why we created Watermark University. You'll love having unlimited access to all of our mind and body fitness classes just steps from your door. Our course catalog is chock full of fun classes from *Chair Yoga* to *Painting 101*, *Intro to Bridge* and dozens more, so you can learn (or teach) something new every day. These classes aren't just for residents. Call for your copy of our current course catalog and enroll in a class or two today.



Intro to Wii Bowling

Brain Games

Sports Talk

Chef Demo

Music and Movement

Wellness Round Table



INDEPENDENT LIVING

Trade the headaches of home maintenance, countless bills to pay and endless errands for the lifestyle you deserve. Enjoy the fun side of life in a vibrant, lively community filled with outstanding associates who know more than just your name. We know your preferences and we love exceeding every expectation. Our residential options run the gamut from spacious studio apartments to gorgeous two-bedroom, two-bathroom suites. Visit us and discover great people, a beautiful environment, fantastic food and so much more.

You can have it all, in a simple monthly rental with no buy-in requirements. Give us a call to schedule a visit to see for yourself.



- Delicious and healthy chef-prepared meals
- Resident emergency response system
- Watermark University classes
- Weekly housekeeping and linen service
- Scheduled transportation services
- Senior wellness programs
- Guest accommodations

ASSISTED LIVING

When it comes to Assisted Living at The Inn, we're not what you'd expect. No cookie cutter apartments, associates in scrubs, or boring, stereotypical activities. Here, you'll enjoy a varied calendar of programs and outings plus top notch care tailored to your needs, on your schedule – not ours, 24 hours per day. Why wait to get a taste of The Lodge at North Ogden lifestyle? Try us out for a short-term stay. Enjoy a fully furnished guest apartment, fantastic food made just how you like it, outstanding care and assistance if and when you need it, and (perhaps the best part of all) fun with friendly neighbors. While you're here, why not treat yourself to a salon service or a community outing to the Wild Animal Sanctuary?

Whether residents need assistance with day-to-day activities, help getting to appointments or a little more joy in their day, the caregivers at The Lodge at North Ogden are committed to making it happen.



- Delicious and healthy chef-prepared meals
- Resident emergency response system
- Watermark University classes
- Weekly housekeeping and linen service
- Scheduled transportation services
- Senior wellness programs
- Guest accommodations

A NEW KIND OF MEMORY CARE

At The Lodge at North Ogden, we're borrowing from the traditions of the multigenerational households and local bed and breakfasts to create a place where everyone feels right at home. Suites are comfortable, filled with bright colors, soft natural light and high-end finishes. Common areas such as living rooms, patios, libraries and kitchens are only a few steps away. Meals are cooked right in the kitchen, and anyone can roll up their sleeves to help prepare the meal. Just like home, this household revolves around the kitchen table, where food and conversation connect residents, associates, friends and family.

24-hour staffing with specially trained memory care experts with certification through the National Council of Certified Dementia Practitioners (NCCDP)

Three nutritious family style meals where families and friends are welcome

Personal pantry program for each resident's favorite foods

Healthy snacks available all day, every day

Structured and spontaneous activities specifically tailored to each individual

Extraordinary outings that you would never expect in a memory care community

Residential environment with family photographs, keepsakes and personal histories

Beautiful outdoor patios

Private and semiprivate suites

Housekeeping, linen and laundry services

Maintenance services



MEET THE NAYAS



The word *Naya* comes from the ancient language of Classical Sanskrit and is based on being engaged in the present moment. A Naya is a guide, person of wisdom, conductor and leader. These terms truly define our caregivers. In perfect alignment with our universal care model, being mindfully engaged in each moment cultivates a sense of well-being, community, spontaneity and creativity. In traditional senior-living models, care is divided between several associates who interact with a resident only within their particular area of limited duties. This not only results in reduced continuity, it prevents associates from seeing the big picture of each resident's well-being. Because our Nayas spend the day with residents, they notice the early signs of concern that might otherwise go unseen. Nayas know if residents have a good appetite, how well they slept and when they last exercised or participated in a new program. They can observe how individuals react to a change in type or dosage of medicine or a new therapy. Understanding the big picture results in a healthier, happier, more connected lifestyle.




The background is a solid dark blue. Overlaid on this are several light blue, semi-transparent graphic elements. A large, thin arc curves across the top half of the image. Below it, there are several thick, flowing lines that create a sense of movement and depth, resembling stylized waves or abstract shapes. The text is centered horizontally and positioned in the middle of the frame.

Creating extraordinary and innovative communities where people **thrive**.



THE LODGE AT NORTH OGDEN

 A WATERMARK RETIREMENT COMMUNITY

Sales Office:

1638 N Washington Blvd, Suite 201
North Ogden, UT 84404

Community: 204 East 1700 North
North Ogden, UT 84404

1-801-719-5121

www.watermarkcommunities.com

 CREATED AND PRINTED USING ECO-RESPONSIBLE PRACTICES. 